

Roasted Chick Peas and Vegetables



INGREDIENTS

- 1 pound radish
- 2 small zucchini sliced
- 2 red bell peppers sliced
- 1 Granny Smith apple cored and chopped
- 1 can (540 ml or 19 oz) chick peas
- 2 Tbsp coconut oil melted
- 2 tsp crushed garlic
- ¼ tsp Himalayan salt
- 1 tsp cayenne pepper
- 1 tsp turmeric powder
- 1 ½ tsp ground cumin powder
- Juice from 1 lime

PROCESS

Pre-heat oven to 400F

In a big bowl, place all the vegetables, apple and chick peas. Mix in the spices, oil and lime juice until all vegetables are coated. Spread out evenly on a baking sheet.

Roast for 35 minutes

Enjoy!