

# Roasted Broccoli



## INGREDIENTS

- 1 bag pre-cut broccoli or 2 heads of broccoli cut into florets
- 3 Tbsp coconut oil (melted)
- 1 to 2 tsp crushed garlic
- 1 tsp paprika powder
- ¼ tsp cayenne pepper
- ¼ tsp Himalayan salt
- 1 Tbsp lemon juice

## PROCESS

Pre-heat oven to 400° F

In a large bowl, add coconut oil, garlic, paprika, cayenne and salt. Mix together and add the broccoli florets.

Coat broccoli evenly and place on a flat baking sheet.

Bake for 15 minutes.

Remove from oven and sprinkle lemon juice over the roasted broccoli.